

# Taegeuk Iljang

## 1st Half



- 1) Pivot on right foot counterclockwise, step toward B with left foot into left walking stance, left low block
- 2) Step forward toward B with right foot into right walking stance, right middle punch
- 3) Pivot on left foot clockwise, step toward C with right foot into right walking stance, right low block
- 4) Step forward toward C with left foot into left walking stance, left middle punch
- 5) Pivot on right foot counterclockwise, step toward D with left foot into left front stance, left low block, right reverse middle punch
- 6) Pivot on left foot clockwise, move right foot toward left foot into right walking stance facing C, left inside block
- 7) Step forward toward C with left foot into left walking stance, right reverse middle punch