

Taegeuk Ojang



- 1) Pivot on right foot counterclockwise, step toward B with left foot into left front stance, left low block
- 2) Move left foot toward right foot, return to junbi (open stance) facing D, left hammer fist toward B
- 3) Pivot on left foot clockwise, step toward C with right foot into right front stance, right low block
- 4) Move right foot toward left foot, return to junbi (open stance) facing D, right hammer fist toward C
- 5) Step toward D with left foot into left front stance, left inside block, right inside block
- 6) Rear (right) leg front snap kick toward D, land right foot forward into right front stance, right backfist, left inside block
- 7) Rear (left) leg front snap kick toward D, land left foot forward into left front stance, left backfist, right inside block
- 8) Step forward toward D into right front stance, right backfist - Kihap
- 9) Pivot on right foot counterclockwise, step toward C with left foot into left back stance, left single knifehand block
- 10) Step toward C with right foot into right front stance, place right fist into left palm, right elbow strike to head
- 11) Pivot on left foot clockwise, step toward B with right foot into right back stance, right single knifehand block
- 12) Step toward B with left foot into left front stance, place left fist into right palm, left elbow strike to head
- 13) Pivot on right foot counterclockwise, step toward A with left foot into left front stance, left low block, right inside block
- 14) Rear (right) leg front snap kick, land right foot forward toward A into right front stance, right low block, left inside block
- 15) Pivot on right foot counterclockwise, step toward C with left foot into left front stance, left high block
- 16) Rear (right) leg side kick toward C, land right foot forward into right front stance, grab behind head with right hand, left elbow strike to head
- 17) Pivot on left foot clockwise, step toward B with right foot into right front stance, right high block
- 18) Rear (left) leg side kick toward B, land left foot forward into left front stance, grab behind head with left hand, right elbow strike to head
- 19) Pivot on right foot counterclockwise, step toward A with left foot into left front stance, left low block, right inside block

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20) Rear (right) leg front snap kick toward A, land right leg forward into right X-stance, right backfist - Kihap

21) Pivot on right foot counterclockwise moving left foot to junbi facing D