

Taegeuk Sajang

(Second half)

- 1) Chamber for a left middle outside forearm block, then pick up your left foot and spin 270-degrees backward (counter clockwise) and step with your left foot into a left back stance, left middle outside forearm block.
- 2) Right leg snap kick, chamber for a right inside block, then land your foot backward into a left back stance, right inside block.
- 3) Chamber for a right middle outside forearm block, then pick up your right foot and turn 180-degrees backward (clockwise) and step with your right foot into right back stance, right middle outside forearm block.
- 4) Left leg snap kick, chamber for a left inside block, then land your foot backward into a right back stance, left inside block.
- 5) Chamber for a left open hand high block & a right knifehand strike 90-degrees to your right, then pick up your left foot and step 90-degrees to your left (counter clockwise) into a left front stance, left open hand high block, right high knife hand strike. This is called a psuedo strike.
- 6) Right leg snap kick, chamber for a right backfist, then land your right foot forward into right front stance, right backfist.
- 7) Chamber for a left middle inside block, then pick up your left foot and step 90-degrees to your left (counter clockwise) into a left walking stance, left middle inside block, right middle punch.
- 8) Chamber for a right middle inside block, then pick up your right foot and turn 180-degrees backward (counter clockwise) and step with your right foot into a right walking stance, right middle inside block, left middle punch.
- 9) Chamber for a left middle inside block, then pick up your left foot and step 90- degrees to your left into a left front stance, left middle inside block, right middle punch, left middle punch.
- 10) Chamber for a right middle inside block, then pick up your right foot and step forward into a right front stance, right middle inside block, left middle punch, right middle punch – Kihap.
- 11) Pick up your left foot and spin 180-degrees backward (counter clockwise) to Junbi facing the front.