

Taegeuk Samjang

(Second half)

- 1) Chamber for a right inside block, then pick up your left foot and step 90-degrees to your left (counter clockwise) with your left foot into a left walking stance, right inside block.
- 2) Chamber for a left inside block, then step forward with your right foot into a right walking stance, left inside block
- 3) Chamber for a left low block, then pick up your left foot and spin 270-degrees backward (counter clockwise) and step with your left foot into a left walking stance, left low block.
- 4) Right leg snap kick, then land forward into a right front stance, right middle punch, left middle punch.
- 5) Chamber for a right low block, then pick up your right foot and spin 180 degrees backward (clockwise) and step into a right walking stance, right low block.
- 6) Left leg snap kick, then land forward into a left front stance, left middle punch, right middle punch.
- 7) Chamber for a left low block, then pick up your left foot and step 90-degrees to your left (counter clockwise) with your left foot into a left walking stance, left low block, right middle punch.
- 8) Chamber for a right low block, then step forward with your right foot into right walking stance, right low block, left middle punch.
- 9) Left leg snap kick, then land your left foot forward into left walking stance, left low block, right middle punch.
- 10) Right leg snap kick, then land your right foot forward into right walking stance, right low block, left middle punch - Kihap
- 11) Pick up your left foot and spin 180-degrees backward (counter clockwise) to Junbi facing the front.